## **Patterson® Tooth Whitening Gel – Instructions**

Day time use: wear 30 minutes twice a day. Allow a minimum of one hour between each wear time. Night time use: wear 8 - 10 hours.

Allow a minimum of 24 hours between each night time wear.

- 1. Load tray with Patterson whitening gel.
- 2. Position tray over your teeth.
- 3. Rinse mouth with water twice to remove gel from mouth. Do not swallow water

## CAUTION:

Keep product away from children.

Do not use any tooth bleaching product while pregnant or lactating. Do not freeze or expose syringes to heat and or sunlight. Do not use tobacco product or eat while wearing bleaching trays.

WARNINGS: Store in a cool dry place. Keep away from children. Not recommended for use by children under the age of 12. Avoid contact with eyes.