

For Immediate Release

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Yankee Dental Congress[®] 2016 Navigating Our Future January 27–31, 2016, at the Boston Convention & Exhibition Center

Navigating Our Future is the theme of the 2016 Yankee Dental Congress[®] (Yankee). It is New England's largest dental meeting and will be held January 27–31, 2016, at the Boston Convention and Exhibition Center (BCEC).

Yankee is the fifth largest dental meeting in the country and is sponsored by the Massachusetts Dental Society (MDS), in cooperation with the dental associations of Connecticut, Maine, New Hampshire, Rhode Island, and Vermont. Nearly 27,000 dental professionals from around the U.S. are expected to attend this informative and fun-filled convention in Boston, with the opportunity to choose from more than 300 dental continuing education courses and events taught by leading experts in dentistry.

On Thursday, January 28, Yankee is once again offering the **Fast Track** series, this year focuses on the stresses associated with a career in dentistry. Attendees will learn to identify warning signs and discover tools and available resources to prevent and manage common, largely preventable health problems that affect dentists, dental teams, and their patients.

Three tracks of continuing education courses and events will be offered on Friday, January 29, geared specifically to auxiliary personnel: **RDH** @ **Yankee**, **American Association of Dental Office** Managers Day @Yankee, and Modern Dental Assistant @Yankee. Each track will allow hygienists, office managers, and dental assistants to share best practices, navigate current challenges, experience new technologies, and network with their peers.

For the second consecutive year, Yankee is offering the **Interprofessional Symposium: Body on Fire.** This symposium on Thursday, January 28, 2016 will discuss the cause and effect of inflammation, from the systemic to the oral cavity. Attendees will discover how nutrition and stress-reducing techniques can help soothe the inner burn of inflammation.

Yankee also features a robust Exhibit Hall Floor with the latest in dental products and technologies from 450⁺ exhibitors, along with a variety of continuing education programs, including **Product Navigator Live** and **CBCT Digital Imaging**. The **Healthy Living Pavilion**, **Live Dentistry**, and **Dental Office Pavilion** will all be back by popular demand!

The **TeamSmile Clinic for Children** will be held just off the Exhibit Hall Floor on Thursday and Friday. More than 200 clinical volunteers will provide free dental services and oral health education to hundreds of Boston-area children. This event is sponsored by the MDS Foundation, the charitable arm of the MDS, and brought to Yankee by TeamSmile. TeamSmile is the premier advocacy group that partners oral health professionals with professional athletic organizations to provide life changing dental care to underserved children.

For more information on Yankee Dental Congress 2016, please call (877) 515-9071, or visit *www.yankeedental.com*.

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